

**ISLESBORO HEALTH CENTER COVID-19 SENTINEL
TESTING PROGRAM
Frequently Asked Questions**

What is this early detection/warning system & what is the benefit?

We give a COVID TEST (free) every two weeks to 80 people who have agreed to help and who have frequent and close contact with others. If a test comes back NEGATIVE, nothing happens except that person is checked again in two more weeks. If a tests comes back POSITIVE, then that person will be advised about treatment and asked to “self quarantine” to protect family and friends. As a precaution, recent (exposed) contacts will also be notified. *This early detection/warning will help CRUSH COVID by minimizing its spread throughout the island before others are exposed.*

What are the requirements for those who join?

Have a Covid test (a simple nasal swab) at the IHC parking lot via “drive through” (stay in your car). This takes about 5 minutes.
Return every 2 weeks at a scheduled time for a repeat test until this program ends.
We do not know how long this program will last, but a participant may opt-out any time.

What about costs and privacy?

These Covid tests are 100% FREE. The IHC has received a grant that pays for them.
Participation is confidential and protected by the same privacy practices as your IHC health information.
This is NOT a government project.

Who can participate?

Anyone on-island who has frequent and close contact with many people (examples: ferry crew, boat captains, store workers, EMTs, health care workers)
Anyone who makes frequent trips to and/or from the mainland (examples: hauling, works off-island, patients receiving frequent treatments off-island)

Anyone who lives off island but travels daily to work on Islesboro
Teachers, cooks, office staff and others who work closely with school
children

How do I get more information or apply to participate?

EMAIL: ihccovidtest@gmail.com

PHONE: 207-200-4116

ONLINE: <https://forms.gle/PK8zgXoryemHuZ2b8>