

Islesboro 3 - day KSL Soccer Camp: Aug. 4 - 6 (date change and camp info.)

1. Notice our new dates: August 4th to August 6th. Katherine's camp is excellent for fitness, technical and strategic training.

Islesboro Soccer Camp, Summer 2014

Sponsored by Town of Islesboro Summer Recreation Department

Soccer Instructor: Katherine S. Lee

Colby-Sawyer Varsity Women's Soccer Alumni

Dates: Monday, August 4- August 6, 2014

Location: MADDIE DODGE FIELD

5:30-7:00PM

Cost: \$30. (\$20 for second sibling; \$15. for 3rd sibling).

JR/High School Soccer Player Camp:

For First Time Learners up to Competitive Veterans

Fitness--gradually build back to your fitness base

Footwork and Technical Training

Strategy and Tactical Training

Competitive and Cooperative Learning Environment

Ball control

Individual and Team Skills

Self-confidence and Self-esteem Building

Equipment:

Cleats and shin guards recommended but not required.

(Cleats strongly recommended for high school. Shin guards will be required and are provided if needed.)

Water bottle required and sun screen, bug spray, and snacks recommended.

Bring towel on final day for Splash day!

Hope some of the activities work out for your family and we see you all at Maddie Dodge

Field or the Kinnicutt Center!

Questions? 207-734-6814 or 381-7943

~Kara Masters Siekman

Town of Islesboro Recreation Director