

Draft 3/18/16

TOWN OF ISLESBORO

HEALTH CENTER ADVISORY BOARD

Regular Meeting - Thursday, March 17, 2016, 3:30 PM, Town Office Meeting Room

Members present: Linda Gillies, Chloe Joule, Michael Kerr (chair), Charlotte Mitchell, David Runnion-Bareford

Members absent: Sharon Ashley, Derreth Roberts, Myra Rolerson, Brenda Thomas

Others present: Janet Anderson, Rhonda Shand, Alison Wood, PA-C

Mike Kerr called the meeting to order at 3:40 pm. A quorum was established.

Upon MOTION made and seconded, the minutes for the annual meeting of January 21, 2016 were approved as written.

New committee members. Mike welcomed Chloe Joule, who was approved as an alternate member by the Selectmen on March 9th. Janet explained that most Town committees have approximately 7 members and two alternates, who help to ensure that there is a quorum.

Health Fair. David Runnion-Bareford said that he, Chloe, Alex Hodges (unable to attend the meeting because she was teaching an ultimate frisbee class), and Allie Wood had been working to put the fair together; he circulated a written progress report. The fair will be held on April 23rd from 9:30 - 2:00 at the Kinnicutt Center. The theme is Whole Health/Whole Family/Whole Island. The format will include workshop presentations in classrooms as well as displays and demonstrations in the gym.

Workshop presentations:

- Confirmed: Boardman Cottage; Pre-school; Olivia Griset - Maine Environmental Education Association, Project Learning Tree.
- Under discussion: ICS special ed and health ed.
- Needed: A representative to explain the health insurance exchange.

Exhibitors:

- Confirmed: Belfast Natural Medicine; Boardman; ICC Fitness Center; Islesboro Emergency Services; IIT; Kno Wal Lin; Pre-school; Yoga - Arlee Morris; Zumba
- Waiting to confirm: Emergency Dispatch (Thursday); Exercise groups (Core & Senior), ICS Horticulture, IHC; Midwives; New Hope for Women; Physical Therapy; Joyce Sirota
- New ideas/possibilities: acupuncture - Camden Whole Health or Monica Shields, Wellness Center; advance directives; new Town ambulance; blood pressure/blood sugar; Kendall Bryan - concussion; chiropractor; family dentistry; Lifeflight; pharmacist - vaccines; Anne Renarde and her chair; Tick-borne Disease Prevention Committee.

Collages: Trifolds will be distributed to families so that they can make collages for display at the fair.

Food:

- Lunch will be available - provided by the Class of '17? Charge? Donation basis?

- David will ask the Sewing Circle to provide a sandwich lunch to the vendors, as they have at past fairs.
- Other island food vendors could be enlisted. This should be coordinated with the ICS Horticulture program.

Door prizes: Rather than a large donated prize, there will be a number of gift cards in the \$25-\$50 range from Hannaford, Amazon, iTunes, etc. Funding will come from the IHC and perhaps some donations. Committee members could assist in securing the gift cards.

Other:

- Confirmation letters will go out next week to exhibitors/presenters.
- Pending approval of the logo and plans to date, publicity will begin soon.
- David has applied to the Maine Seacoast Mission for funds to underwrite the fair.
- As the HCAB does not meet again until May, David will keep the committee posted.

Administrator's Report. Janet reported that:

- Re-modeling continues at the Health Center. The shelves in the pharmacy have been re-ordered and the drafty door in the back exam room will be replaced. In April, Don Johnson will paint the waiting room and hallways.
- On February 29th the Quality Assurance Committee had its annual HIPPA training with Gordon Smith of the Maine Medical Association; a report on the meeting was circulated. Quality measures at the Health Center were reviewed and a number of changes were recommended.
- On March 1 there was an EPIC training focusing on the new, streamlined system for getting read-only reports from Pen Bay and Waldo online.
- Dorie and Owen are attending the Harvard Primary Care Conference in Boston (week of March 14).

Lyme Disease Update. Linda said that in response to requests from the community for additional information about ways to avoid tick bites, the Tick-borne Disease Prevention Committee is in high gear. Plans are underway for a Facebook page for up-to-date information as well as a website that will include a broad range of material. Particular attention will be given to the dangers associated with synthetic pesticides such as permethrin, bifenthrin, and fipronil, found in many of the products used in tick control. The committee has learned that because these chemicals, known as neurotoxins, are thought to be a reason for bee colony collapse and are harmful to some other creatures (permethrin is highly toxic to cats), in recent years they have been banned by the European Union. A number of towns in Maine now prohibit them; Portland is considering a ban. While the committee will include the use of Damminix tick tubes in its lists of ways to control ticks, the committee will not promote them, for they contain permethrin.

Charlotte Mitchell said that Mary and Brian Hauprich had developed a natural tick repellent that can be applied to the skin. They will be distributing free samples at the Pre-school fair on March 20.

Next HCAB meeting. The next meeting is scheduled for Thursday, May 19 at 3:30 in the Town Office. .

Upon MOTION made and seconded, the meeting adjourned at 4:30 pm.

Respectfully submitted,
Linda Gillies, Secretary