

HCAB Minutes From January 16<sup>th</sup>, 2014

Regular Members Present: David Runnion-Bareford  
Charlotte Mitchell  
Linda Gillies  
Brenda Thomas  
Myra Rolerson  
Maura Michael  
Michael Kerr

Alternate Members Present: Sharon Ashley  
Jan Harmen

Ex Officio Members Present:

Rhonda Shand- Administrative Coordinator  
Dr. Steele  
Allie Wood, PA

Call to Order

Charlotte Mitchell called meeting to order at 3:30 pm and a quorum was Established.

Approval Of The Minutes

Motion to approve minutes from November 21<sup>st</sup>, 2013 as written, approved.

Health Center Administrator's Report

No report was given

Health Center Director Report: No report was given.

Old Business: Upcoming Health Talks

Health Talk on the Outreach Program; How to get into Boardman?

March or April discussion on Acupuncture

Maura mentioned a Health Talk on Suicide.

Working on Hospice Training for February. ( Definitely 8 people)

New/ Other Business: Ticks: Allie is working on an Excel Spread Sheet to compile data to show Age, Where Bitten, Cost. A form will be provided in the future to be filled out by patients.

Sandy Oliver will be doing a report at Informational Meeting on January 30<sup>th</sup>.

Allie mentioned a meeting with Dr. Yetman, discussing people being medicine intolerant and how the island can become more "Health Conscience" as a whole. She would like to start a "Healthy Lifestyle Program" David said perhaps this could be in conjunction with the Community Center. Make scholarships available. Sharon stated that she wishes the Thursday Luncheons were healthier. Maura mentioned, that a Health Coach from Monhegan, would be a nice person to come speak. There will be more discussion on this at our next meeting.

Our next meeting is March 20<sup>th</sup> at 3:30pm.

Charlotte called motion to adjourn, Maura seconded.

Respectfully Submitted,

Brenda Thomas

