## Islesboro Health Center Board 10-18-2012

In Attendance: Linda Gillies, Brenda Thomas, Charlotte Mitchell, Gordon Murphy, Jan Harmen, Rhonda Shand, Myra Rolerson.

Absent: Maura Michael, Donna Seymour, Pastor David Runnion-Bareford, Alison Wood, Owen Howell

Meeting called to order at 3:35 PM.

No reports New Business

Only 9-11 Lyme disease cases since January. Gordon believes it has slowed down due to stalwart education, and body checks.

Discussion began on Fall Health Talks.

Ideas for talks were Anxiety/Depression, Coronary Artery Disease, Diabetes,

Acupuncture

Charlotte will ask Mike Kerr about talk on Anxiety/ Depression, and she will ask Monica Shields about Acupuncture.

Location was discussed, perhaps using the Library or ICC Board Room.

Time of Day and what day was discussed, perhaps late afternoon on Thursdays, so that speaker could use Quicksilver. Also, to not hold talk on Deer Reduction Committee Meeting night. Dates that would work are Nov. 8<sup>th</sup> and Dec. 6<sup>th</sup>.

Meeting adjourned at 4:00 PM