

TOWN OF ISLESBORO  
ISLESBORO HEALTH CENTER  
TICK-BORNE DISEASE PREVENTION COMMITTEE (T-BDPC)  
MEETING OF THURSDAY, APRIL 26, 2016 - TOWN OFFICE, 4 PM

Present: Linda Gillies, Derreth Roberts (chair), Douglas Welldon, Alison Wood, PA-C

Derreth Roberts called the meeting to order at 4:00 pm.

Approval of draft minutes for the meeting of March 24, 2016. Upon MOTION made and seconded, the minutes were approved as written.

Status of new T-bDPC plan.

- **Brochures.** There was agreement that the first brochure has turned out well. Linda said that Elm Street is working on the three others and should have drafts for the committee to review in the next few days. She showed a sample 4-tiered brochure rack that can be placed in key island spots - ferry landings, the Health Center, the Town office, and the Community Center; the Town office has ordered six of them.
- **Gmail address.** The committee thanked Doug Welldon for setting up ticksonislesboro@gmail.com. He will email the password to committee members. Linda will check the address for emails periodically and will send answers or refer questions/comments to other committee members.
- **Website.** There was agreement that Elm Street has done a good job with ticksonislesboro.com. A work in progress, a few tabs need to be completed, and there are some corrections and adjustments that should be made. Doug said that it was important for the site to be lively and current, with "tips of the week" and articles, etc. that are appropriate for spotlighting. He agreed to collect ideas from the committee and to coordinate this aspect of the website. Linda said that for approximately \$500 a year, Elm Street can make additions/changes on an ongoing basis.
- **Tick-borne disease statistics.** Derreth circulated a draft format for the Health Center's tick-borne disease reports, which will be based on quarterly figures. Rather than monthly bulletins sent out with the Town calendar, the reports will be published in Islesboro Island News and included on the website. Derreth will be responsible for putting the reports together; Linda will see that they get to Elm Street and to IIN.
- **Facebook page.** There was agreement that we should wait to see how things go.
- **Student drawings.** Linda said that the student drawings weren't used in the brochures or on the website, for Elm Street felt that they weren't "instructional." The committee agreed that engaging kids was key to expanding awareness and that we should look for ways to do so. Ideas included: 1) a "gallery" of student drawings on the website 2) a poster-collage of tick-related student artwork (suggested to Linda by Donna Seymour) 3) a possible science project at the school.
- **Getting the word out.** There was agreement that the T-bDPC should send out a box holder mailing with the June Town calendar explaining its new information program, which includes the fridge magnet, the website, the new tick-borne disease reporting system, and the new gmail address through which community members

can reach the committee. There should also be an article with the same information in the May/June issue of IIN. Eventually there could be occasional tick-related news notes on the Town calendar. Linda will draft the box holder mailing and the IIN article.

Tick removal. Allie said that Sue and Taz Stafford had emailed a video showing a tick being removed by going around it with a Q-tip until the tick backs itself out. She said that she would investigate further, and if this method proves effective, the video can be put on the website.

Signs in areas used by the public. Linda said that in response to the Selectmen's call for prevention ideas from the community, Mike Boucher had suggested signs warning about the presence of ticks in outdoor places used by the public such as the Town beaches, Maddie Dodge field, and the IIT paths. Doug proposed a single sheet featuring the T-bDPC fridge magnet and giving a few pointers about personal care. Linda said that she would send a draft for committee input. We will then discuss it with Janet Anderson. Some areas already have boxes with bulletin boards, boxes may have to be made for others.

Updating comparative statistics. Linda said that the tables and graphs comparing the incidence of tick-borne disease on Islesboro to other communities should be updated. Derreth said that she would help with the graphs.

Next T-bDPC Meeting. No meeting was scheduled, for the work ahead can be done via phone and email.

After motion made, seconded, and approved, the meeting adjourned at 5:15 pm.

Respectfully submitted,

Linda Gillies, Secretary

Follow-up:

- Linda to begin checking for emails sent to ticksonislesboro@gmail.com.
- Committee members to send Doug ideas for "tips of the week" and spotlight subjects on the website.
- Linda to draft an article for the IIN May/June issue as well as a box holder mailing to be included with the June Town calendar about the new T-bDPC information program.
- Allie to investigate Q-tip tick removal.
- Linda to draft sign to be posted at outdoor areas used by the public.
- Linda and Derreth to update tables and graphs of comparative statistics.

C: Janet Anderson, Sandy Oliver, Cindy Gorham, Tina Pendleton, Owen Howell, Dorie Henning, Rhonda Shand, Peggy Pike, Maggy Willcox